

Safe Slinging and Lifting Appreciation



Course Aim

To provide delegates with an appreciation of how to conduct and/or manage safe lifting operations. This foundation module is a theory based course intended as a prerequisite to practical training.



Who Should Attend?

Delegates who are managing or risk assessing lifting operations, requiring background knowledge of lifting operations and equipment including supervisors in charge of workers using lifting equipment.

Pre-requisites:

All delegates must be able to certify that they are physically fit and have no medical conditions that might prevent them carrying out lifting techniques. (A list of conditions that could affect practical training are available on request).

Delegates should bring suitable PPE (safety helmet and safety footwear).



Course Duration

This is a half day course.



Certification

Delegates successfully completing the course will receive a digital certificate of attendance valid for 3 years. Paper certificate and photo ID card can be requested at an additional charge.



Agenda

The following topics will be covered:

- All legislation appropriate to conducting lifting activities – Health and Safety at Work Act 1974, LOLER 1998, PUWER and LEEA code of practice
- Planning of a lifting operation including assessing the load, correct equipment selection and assessing the environment
- Safe and correct use of common lifting accessories (slings, shackles, chain slings, wire rope slings, plate clamps, eyebolts, hooks)
- Pre-use inspections of common lifting accessories

Equipment covered during training:

- Polyester roundslings
- Polyester webslings
- Chain slings
- Wire rope slings
- Shackles
- Plate Clamps
- Eyebolts
- Hooks

