

Management of Work at Height with Harness (MOD 9)



Course Aim

To provide delegates with the knowledge on how to comply within the Hierarchy, a background in types of equipment that can be utilised to achieve this, and the details behind the equipment standards to ensure usage within the intended purpose.



Who Should Attend?

Those who oversee, supervise or manage a workforce where there's a requirement for working at height.

Course Entry Criteria

All delegates must be able to certify that they are physically fit and have no medical conditions that might prevent them working at height.

(A list of conditions that could affect practical training and work at height are available on request)



Course Duration

This is a 1 day course.



Certification

Delegates successfully completing the course will receive a digital certificate of attendance valid for 3 years. Paper certificate and photo ID card can be requested at an additional charge.



Agenda

Theory

- The Work at Height Regulations
- Hazard analysis and Risk assessment
- The Hierarchy of Measures
- Prevention vs. Protection
- Collective Measures
- Personal Measures
- Work restraint (how to achieve it)
- Work position (what to look for)
- Roped Access (requirements)
- Fall Arrest (where / when to use it)
- Planning for rescue provision
- Certificates of conformity and traceability
- Inspection and record keeping procedures
- Equipment limitations of use and when to retire from service
- Strengths and characteristics of equipment

Practical

- Identification of Hazards related to working at height
- The correct selection of prevention / protection within the Hierarchy
- Identification of different styles of rescue equipment using samples

