Harness - Height Safety Equipment Appreciation and Inspection - MOD I (Distance Learning)

Course Aim

To provide delegates with a good understanding of the principles for using Personal Fall Protection Equipment (PFPE) and to make them aware of BS8437: 2005 – Code of practice for selection, use and maintenance of personal fall protection systems and equipment for use in the workplace.

The MOD 1 is a theory based course intended as a prerequisite to specific practical training.

This distance learning course is delivered through fully interactive instructor-led online sessions that are as engaging and informative as being in the classroom.

Who Should Attend?

Those involved in work at height using Personal Fall Protection Equipment (PFPE). It will also give supervisors an insight to the requirements and safe use of PFPE for work at height.

This distance learning module is ideal for those individuals who do not want time away from their job / workplace.

Certification

At the end of the training session, delegates will receive an email with a link to the question paper. The link will also be posted in the online chat box at the end of the course.

Delegates successfully completing the course will receive a certificate of attendance and photo ID card valid for 3 years.

Agenda

- Understand the legislation surrounding work at height and how this relates to them
- Understand the categories for safe work at height and the potential loads imposed on the equipment used: Work Restraint, Work Position, Fall Arrest
- Understand equipment standards and how they relate to user demands and their expectations
- Be able to carry out and understand the importance of pre-use inspections and checks
- Understand the importance of mandatory inspection and record keeping by an impartial competent person
- Understand the implications of being suspended in a harness and the importance of rescue provision when working at height
- Have an awareness of the planning and selection of methods of work at height
- Have an understanding of the guidance given in the HSE notice regarding using of harnesses in MEWP's (MISC614)
- Be able to plan and select the correct equipment for a given task
- Have an awareness of hazards related to work at height

Course Duration

This is a half-day course.